

CHARACTER QUALITIES

Thank you for taking the time to do this exercise for your friend. Review each character quality. On the left hand side next to the character quality put a 5 if you think this is a strong strength for your friend. Then choose the top 10 character qualities and mark them with a red pen/pencil in terms of priority. 1 being the top quality, 2 the second highest and so on.

Accountable: being answerable to at least one other person for my actions and outcome

Achievable: aspiring to the highest level of excellence

Alert: being keenly aware of my surroundings

Attentive: demonstrating respect by giving someone my undivided attention

Authentic: being who I claim to be with honesty and transparency

Available: being flexible to the desires of others

Balanced: making wise use of my time and effort between various responsibilities

Bold: demonstrating courage and confidence to do what is right

Cautious: being alert to protect myself from harm

Cheerful: being positive, encouraging, and uplifting

Committed: devoting myself to follow up on what I agreed to do

Compassionate: being available, physically or emotionally, for someone who is hurting

Competent: possessing the skill, knowledge, and ability to perform at certain standards

Confident: putting full trust and belief in the reliability of another person, place or thing

Consistent: doing the same thing over and over again, following the same pattern, principles, or system

Content: accepting myself as God created me with my gifts, talents, abilities, and opportunities

Courageous: fulfilling my responsibilities and standing up for what is right even when it is uncomfortable

Creative: thinking outside the box; finding new ways to accomplish a goal or task

Decisive: making clear, unwavering decisions based on what is right

Dependable: fulfilling what I agreed to do even when it is inconvenient

Determined: remaining laser-focused to accomplish the goals or task I set out to do

Diligent: making every effort to complete the task at hand

Discerning: using wisdom and intuition to make good decisions

Dependable: being someone others can count on regardless of a change in circumstance

Efficient: producing results in a timely manner with minimal expense or effort

Enduring: persistent or surviving, long-suffering

Enthusiastic: expressing energy, passion, and excitement in whatever lies before me

Fair: treating people with equality and expecting to be treated the same way

Faithful: following through with what I committed to do

Firm: setting clear boundaries without wavering; secure, determined, trustworthy

Flexible: learning how to change plans and adapt to new situations

Forgiving: letting go of any offenses with anyone who has wronged me; not holding grudges

Fun: enjoyable to be around; playful, able to laugh and to express humor

Generous: freely giving of myself through time, talents, and finances to benefit others

Gentle: kind, mild; responding to others with care and love

Goal-oriented: focused on achieving maximum results towards a particular area

Grateful: feeling or expressing thanks

Great: demonstrating an extraordinary capacity for achievement; powerful, expert

Growth: investing in personal development and lifelong learning towards excellence

Honest: being truthful and sincere in all situations; morally upright

Honorable: personal integrity; used as a title of respect

Hopeful: believing that my deepest desire will be met regardless of circumstance

Hospitable: giving of myself through food, shelter, or finances; treating visitors well

Humble: letting go of pride to give of myself freely without any expectation in return; respectful

Independent: free from the influence or control of others; working on my own terms

Initiative: recognizing and doing what needs to be done before I am asked to do it

Joyful: having a deep sense of gratitude, often expressed through song, dance or words, regardless of circumstance

Kind: having a gentle, caring attitude of giving towards others; compassionate, generous

Knowledgeable: attaining understanding of facts, truths, or principles in a specific area; well-informed

Loving: giving of myself through talents, gifts, words, or actions to benefit someone else; affectionate

Loyal: demonstrating faithfulness to do what is right, often through difficult times

Nurturing: caring for the needs of others

Obedient: following through with what I have been asked to do to the satisfaction of the one who requested it

Objective: looking at any situation without emotional investment or selfish motivation

Optimistic: confident, hopeful, positive

Orderly: keeping things in an organized fashion for greater efficiency; neatly arranged

Original: creating new ideas, systems, or platforms from an independent viewpoint; not traditional

Passionate: having intense feelings or emotional excitement towards my personal vision, other people, or something that has special meaning for me; enthusiastic

Patient: accepting, easy-going, enduring, or tolerant towards a person or the completion of a project

Peaceful: quiet and calm, at rest with myself and others

Persevering: determined, persistent, or diligent in achieving something despite difficulties, failure, and opposition

Persuasive: influential, convincing and believable in guiding someone to accept a new mindset

Prayerful: communing with God spiritually through adoration, confession, thanksgiving, and supplication

Prosperous: flourishing, thriving, or successful; often referring to financial matters

Punctual: prompt; keeping to arranged time

Pure: keeping myself clean and wholesome in word and action

Purposeful: focused and determined; having goals

Reasonable: practical, realistic; not expecting more than is possible

Resourceful: practical and creative; wisely using whatever is available

Respectful: polite, humble, honoring, and esteeming another person due to deep admiration

Responsible: dependable; knowing and doing what is expected; reliable

Secure: safe, reliable, dependable in who I am and my purpose for living

Self-controlled: self-disciplined, restrained; showing strength of mind and will to do the right thing

Sensitive: thoughtful, caring, and attentive to the needs of those around me

Simplistic: keeping things simple and clear; lack of chaos and confusion

Sincere: genuine, honest, open, and truthful in doing what is right

Strength of character: stable, secure, humble and wise

Structured: organized, arranged, defined; having systems or processes in place; a regular way of doing things

Teachable: a willingness to learn or be trained without reservation

Thankful: having a heart attitude that expresses gratefulness and appreciation

Thorough: full, detailed, exhaustive approach in doing a task that will be ready for review; absolute

Thoughtful: kind, caring; showing consideration for others through acts of kindness and/or words

Tolerant: learning to accept others as valuable individuals regardless of their maturity or viewpoint

Transparent: authentic, vulnerable; allowing others to see the real you

Truthful: honest, accurate, open; straight-forward in sharing facts or feelings

Trustworthy: dependable, reliable, truthful; will follow through with what I say I will do

Understanding: empathetic, considerate, and thoughtful in comprehending and discerning matters

Unstoppable: having the freedom to perform at my highest level without any

restrictions; persevering

Visionary: far-sighted; looking at long-term solutions or dreams

Vulnerable: strong in character; open to sharing personal feelings regardless of the cost

Wise: insightful, knowledgeable, and understanding; having learned from life's experiences

Adapted from several sources including *www.Character That Counts, Developing the Leader Within You* by John Maxwell. Revised with the use of definitions from the Apple, Inc.